



ReQoL-20 Scoring Guide

ReQoL-20 consists of 20 mental health questions and one physical health question. Although physical health is important to the quality of life of mental health service users, it is not included in the total because it is distinct from mental health.

The Calculation of Scores

Each question is scored from 'None of the time' to 'Most or all of the time'. The scores are found as a subscript under each response option. In the ReQoL-20, there are 9 positively worded questions and 11 negatively worded questions. The positively worded questions are: Q2, Q4, Q5, Q7, Q8, Q10, Q11, Q15 and Q19. They are scored from 0 to 4

Last week	None of the time	Only occasionally	Sometimes	Often	Most or all of the time
2. I felt able to trust others	<input type="checkbox"/> ₀	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

The negatively worded questions are: Q1, Q3, Q6, Q9, Q12, Q13, Q14, Q16, Q17, Q18 and Q20. The scores are reversed for the negatively worded items which are scored from 4 to 0 as indicated by the subscript.

Last week	None of the time	Only occasionally	Sometimes	Often	Most or all of the time
1. I found it difficult to get started with everyday tasks	<input type="checkbox"/> ₄	<input type="checkbox"/> ₃	<input type="checkbox"/> ₂	<input type="checkbox"/> ₁	<input type="checkbox"/> ₀

Two overall scores can be computed from ReQoL-20.

ReQoL-10

The ReQoL-10 index score can be calculated by summing the numbers for the first 10 questions on the first page. If a single question is unanswered in the first 10 questions, the mean value of the other responses can be used to fill the gap. The minimum score for ReQoL-10 is 0 and the maximum is 40, where 0 indicates poorest quality of life and 40 indicates highest quality of life.

ReQoL-20

On page 2, the numbers for questions 11-20 can be summed and added to the ReQoL-10 score to produce the ReQoL-20 overall index score. In the case of ReQoL-20, the minimum score is 0 and the maximum is 80, where 0 indicates poorest quality of life and 80 indicates highest quality of life. If a single question is unanswered between 11-20, the mean value of the other responses can be used to fill the gap. If more than one question is unanswered, then the overall index score cannot be calculated.

ReQoL-10 scores generated from the ReQoL-20 measure are directly comparable to scores obtained from the ReQoL-10 version.

Missing data

ReQoL-10 score can be calculated if only one of the first 10 questions is unanswered. In the case of one missing item, the mean value of the other responses can be used to fill the gap. If more than 1 item is unanswered in the first 10 questions, then an overall score for ReQoL-10 cannot be calculated.

However, if a maximum of two questions are unanswered in the whole measure, an overall ReQoL-20 score can still be calculated. IN such a case, the mean value of the other responses can be used to fill the gap to calculate the overall index. If three or more questions are unanswered, then the overall index score cannot be calculated.

If respondents give two answers to a single question, we recommend that the lower quality of life response is adopted.

Work regarding the best method of handling missing data is ongoing.